The final resolution
of the V-th International Congress "Sport. Olympism. Health", 10-12 September 2020

On the 10-12 of September in Chisinau, at the State University of Physical Education and Sport was held an Online International Scientific Congress "Sport. Olympism. Health" with representatives from university centers from Republic of Moldova, Romania, Russia, Ukraine and UK.

The scientific forum took place under the patronage of the International Olympic Committee and the International Association of the Universities of Physical Education and Sport. The organizers of the Congress were the Ministry of Youth and Sport, Ministry of Education, the State University of Physical education and Sport and the Olympic Academy of the Republic of Moldova.

The following issues were decided to be discussed at the Congress: sport and health, theoretical and methodical bases of sportsmen' training, Olympism as a philosophy of life, healthy lifestyle, social, cultural moral, psychological and organizational aspects of the problem, the innovative technologies of sportsmen's training, biomechanical means in the sportive practice and physical health-improving activity; psychological problems of sports activity, management and legal assurance in sport, the theoretical and methodological bases of recreative rehabilitation and adaptive physical culture, Olympism and Paralympism; health-improving and prophylactic activity among the children and youth in the educational establishments, socioeconomic, managerial and legal aspects of the Olympic Movement.

At the plenary meeting of the forum made their greeting speech:

1. Veaceslav Manolachi (Moldova), dr.hab., university professor, rector of the State University of Physical Education and Sport.
2. Bulatova Marina (Ukraine), dr. hab., professor, head of the history and theory of the Olympic sports chair at the National University of Ukraine on Physical Education and Sport, president of the Olympic Academy of Ukraine.
3. Lubysheva Ludmila (Russia), dr. hab., professor, editor-in-chief of the "Theory and Practice of the Hhysical culture" magazine.
4. Potop Vladimir (Romania), dr. hab., professor, dean of the Physical Education and Sports at the Ecological University from Bucharest.
5. Petrachkov Alexandr (Ukraine), Phd., head of the Educational-Scientific Institute of the Physical Culture and Wellness Technologies from the Ukrainian National Defense University.

6. Bykov Evgheniy (Russia), dr. hab., professor, prorector on the Scientific and Research Activity from Southern-Ural State University.

During the meeting there were presented the following reports:

1. Vizitei N., Manolachi V., The sociocultural essence of sports performance.
2. Bulatova M., Olympism in preuniversity education.
3. Potop V., The improvement of performance sports technics on biomechanical indices.
4. Lubysheva L., The Youth Olympic Games in terms of sociological analysis.
5. Manolcahi V., The hormonal condition of the athlete body and its use for the fighters' force training efficiency.

More than 140 persons became the participants of the section meetings, who have higher degrees and also specialists in various domains of scientific knowledge, closely connected with the discussed problems of the International Scientific Congress.

The participants of the Congress revealed a high scientific level of their reports and speeches.

The following issues have become as the leitmotive of the forum: the problems of the sportsmen's training at the different stages of multiannual training, the nation's state of health and the realities of the modern Olympic Movement.

In the context of discussed topics were revealed the problems of professional training system of the competitive specialists in sport, physical culture, recreative, rehabilitation and adaptive physical culture, Olympism and the expediency of its actualization.

More than 100 articles were prepared for the Congress. The presented materials on the electronic and paper transmitters permit to widen substantially the sphere of the Congress.

The Congress confirms the necessity of holding the International Scientific forums on the basis of the leading higher educational establishments of physical education and sport. The priority directions of their activity must become not only the presentation of discussion platforms and changing of advanced experience but also the searching of new forms of interpersonal, interbranch and international scientific cooperation of young scientist, which can become as a foundation for more valuable realization of the creative potential.

Thus, the participants in the Congress support the idea that Olympism and the Olympic movement, the philosophical, socioeconomic, legal and managerial aspects of physical culture, physical education in the education system, professional training of staff, innovative technologies and scientific-methodical bases of the contemporary training system. sports medicine, as well as sports medicine, physiotherapy and recreational physical culture are constituent elements of the national and international model system of physical culture and sports.